

7 Steps to a Safe & Secure Future: Creating a Good Life for People with Developmental Disabilities

March 17, 2006
9am to 4pm

Fantasyland Hotel
Edmonton, Alberta

Presenters:
Al Etmanski
and Vickie
Cammack,
with assistance
from Alberta
PLAN members

This event will focus on the questions every parent asks; questions that over time cannot be avoided, " Who will be there for my son or daughter when I am no longer around? Who will be there to provide hope, possibility, security and love? Who will ensure

their interests are protected, their gifts and contributions recognized and their needs and choices honoured?"

These questions can haunt and trouble parents and others who deeply care about an individual with developmental disabilities. But they are questions that must be asked, and sooner in life than later. Simple answers do not exist but there are steps, strategies and pathways that families can pursue in their efforts to provide a safe and secure future.

This workshop will provide practical strategies and tools families and others can use to develop and implement a plan that has the potential to change the present while helping to secure a promising future. This interactive event will provide an opportunity to be inspired by the stories of personal support networks and the amazing differences they have made in the lives of individuals with developmental disabilities and give their parents peace of mind.

About the Presenters:

Vickie Cammack is an author (*Safe & Secure: six steps to creating a personal future plan for people with disabilities* – written with Al Etmanski) and the Executive Director of the PLAN Institute for Caring Citizenship. Vickie works with communities across North America, Europe and Australia in their efforts to develop similar programs. A college instructor, she designed a curriculum process for the preparation of caregivers used in universities throughout British Columbia.

Al Etmanski is an author (*A good life-for you and your relative with a disability*) and social inventor who specializes in non-governmental solutions to social problems. A leading advocate for people with disabilities in Canada for two decades, Al is recognized as a visionary thinker in social policy, community development and individualizing services for people with disabilities.

Al and Vickie are the Co-Founders of PLAN: Planned Lifetime Advocacy Network.

They have a blended family of five children, one of whom has a developmental disability.

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Register online at www.aacl.org or complete the following by mail or fax.

Name: _____

Address: _____

Organization (if applicable): _____

City: _____ Prov: ____ PC: _____

Wk Tel: _____ Hm Tel: _____

Cell: _____ Fax: _____

Email: _____

Visa MC AMX Cheque Cash

Credit card # _____

Signature: _____ Exp Date: ____

Please forward to
Alberta Association for
Community Living
11724 Kingsway,
Edmonton, AB T5G 0X5
1.800.252.7556 or
451.3055 ext 222
Email: mail@aacl.org
Fax: 780.453.5779

**Registration
Fee: \$100.00**

**Deadline:
March 3, 2006**



This workshop is part of the Annual Family Conference sponsored by the Alberta Association for Community Living. For information about the Family Conference, which continues on Saturday, March 18, please contact AAAL.